



5th ANNUAL TENNESSEE ULTIMATE FIRE FIGHTER --- TUFF CHALLENGE

SEPTEMBER 27, 2008

*Are you **TUFF** enough to
accept the challenge?*



Dear Participant,

Thank you for your interest in the 5th Annual Tennessee Ultimate Fire Fighter "TUFF" Challenge!

From victim rescue, to ventilation, to climbing, the competitors will perform a series of tasks that represents the physical demands that are placed on firefighters on a daily basis. The TUFF Challenge is geared in support of firefighter fitness and is a great way to showcase the hard work and dedication of our States' first responders. What a great way to kick off Fire Prevention Month for October!

The TUFF Challenge Committee is dedicated to making each year's event as successful as possible, for not only the competitors but to the family members, fans and spectators that attend!

Enclosed you will find a copy of the 2008 TUFF Challenge Rules and Regulations, Challenge Specifications, Challenge Lay-Out, Equipment Specifications, Registration Form, Waiver of Liability and supporting information. You are required to read and adhere to all TUFF Challenge rules and to complete the Waiver of Liability form.

NOTICE: New rules or requirements for 2008 will be marked with a "NOTICE" marker. There are many new requirements/changes for the 08 event-be sure to read all information!!!

The proceeds from this event will benefit the Tennessee Fallen Fire Fighter Memorial, which is in the planning stages through the Tennessee Fallen Firefighter Memorial Committee. Additional information regarding the Memorial can be found at: www.state.tn.us/commerce/sfm/tfaca/memorial

An event of this magnitude requires many volunteers and we need your help! If you know of anyone that would volunteer their time and energy, please let us know and have them sign up with the TUFF Committee, by contacting Kenny McFarland at fire182@comcast.net.

The committee welcomes all comments and suggestions; please let us know what you like or what you would like to see changed. Send all correspondence to: TFACA, attention TUFF Challenge, 2161 Unionville-Deason Road, Bell Buckle, Tennessee 37020.

We look forward to your participation in the 2008 TUFF Challenge!



~TUFF Challenge Committee

CHALLENGE OVERVIEW

The Tennessee Ultimate Fire Fighter (TUFF) Challenge is open to **Tennessee Fire Fighters / Fire Departments only** and is held at the Tennessee Fire Service and Codes Enforcement Academy located in northern Bedford County.

The 5th Annual TUFF Challenge will be held on Saturday, September 27, 2008 at the Tennessee Fire Service and Codes Enforcement Academy located at 2161 Unionville-Deason Road in Bell Buckle, Tennessee. Individual, team and muster competitors' check-in begins at 7:30 a.m. **NOTICE:** The event will begin promptly at 8:30. **NOTICE: CHECK IN is from 7:30 am to 10:00 am only.** Competitors will NOT be allowed to check in after 10:00 am. All times are Central Standard Time (CST). You will be notified in advance of your starting **order** (not starting time). With the exception of the first competitor, you must be registered one hour prior to your start time or by 10:00 am. An estimated starting time will NOT be given, so please do not call and ask. It is your responsibility to estimate the time you need to arrive. **NOTICE!** If you fail to check in one hour prior or by 10:00 am, you or your team will be assessed a late penalty to your competitor time.

NOTICE: In the event of inclement weather, the event will be moved to Sunday September 28th. Same rules apply. A determination for delay may come days before or day of – heavy rain and/or lightning will be the deciding factor. You will need to keep an eye on the web site for any late notifications – **www.state.tn.us/commerce/sfm/tfaca**.

The TUFF Challenge consists of an individual or team relay challenge. All participants should be in excellent physical condition. Participants are strongly urged to read and abide by TUFF rules. The Waiver of Liability form must be completed by each participant and returned with the registration form and entry fees. Failure to follow all of the challenge rules and regulations may result in a disqualification.

REGISTRATION IS LIMITED! FIRST COME/FIRST SERVED!

NOTICE! TUFF Challenge registration deadline is Friday, August 22, 2008. A late fee will be assessed for any team, department or individual that wants to register past this deadline – no exceptions!

NEW FOR 2008! NOTICE! Full registration packets pick starting order! Completed registration packets received in the office will receive the option of picking your starting order. Your packet must be completed, with all forms and payments received! You will be notified by phone after the registration deadline is past. **Team captains or individuals MUST provide a day time phone number and e-mail address.**

Competitors are urged to register early; enrollment is **limited to 50 teams and 50 individuals** for the challenge.

Only Fire Departments who have registered via the Tennessee Fire Department Recognition Act may compete. If you need further information regarding the Tennessee Fire Department Recognition Act, contact the State Fire Marshal's Office at 615.741.2981.

Registration will be accepted by mail or hand delivery only. Phone calls and facsimiles will **not be** accepted.

Registrations **are not** permitted on the day of the event.

A competitor is considered registered upon submission and receipt of a completed registration form, entry fees and Waiver of Liability. You will be notified in advance of your starting order (not start time). All accepted competitors will also be listed on the web site. If you do not have access to the internet, you may call Karen at 1.800.747.8868.

Mail completed registrations, Waiver of Liability and entry fees to:

TFACA
Attn: TUFF Challenge
2161 Unionville-Deason Road
Bell Buckle, TN 37020

Entry fees **MUST** be submitted with registration. **You are not considered registered until your completed packet is in hand. You will not be allowed to bring your registration fees on the day of the event.**

Make checks for TUFF Challenge entry fees payable to: Tennessee Fallen Firefighter Memorial

Single-room overnight accommodations are available for a fee of \$25.00 per night by contacting TFACA Hospitality Manager Kerry Kimmel in advance at 931.294.4305. **Payment must be received in advance.** Or you may notify TFACA by completing the accommodations portion of the Registration page. Fees for accommodations must be separate from TUFF Fees. **Accommodation fees must be made payable to TFACA.**

INDIVIDUAL CHALLENGE RELAY

A first, second and third place award will be given to the winners from paid and volunteer departments. First place only in both categories will receive the traveling axe. A total of 8 awards will be handed out.

The participating individual will be required to compete in each listed evolution.

NOTICE: A fire department can register as many individual competitors as wanted per department.

An individual competitor is allowed to also compete on a team (one team only). However, the team must be from same fire department.

The individual must be classified as a paid or volunteer firefighter.

A department in which 100% of fire department personnel receive fire department pay is classified as paid department. All other fire departments are considered as a volunteer fire department. (These classifications are for the TUFF Challenge competition only.)

TEAM CHALLENGE RELAY

A first, second and third place award will be given to the winners from paid and volunteer departments. First place only in both categories will receive the traveling axe. A total of 8 awards will be handed out.

The relay team **must** consist of at least 3 and no more than 5 persons, male and/or female, any age.

A fire department may register three (3) teams per department.

Fire Departments are allowed to join together to form a team.

Team must be classified as a paid fire department or volunteer fire department.

A Department in which 100% of fire department personnel receive fire department pay is classified as paid department. All other fire departments are considered as a volunteer fire department. (These classifications are for the TUFF Challenge competition only.)

Team Captains are responsible for all correspondence with the TUFF Challenge Committee and Judges.

PRO CHALLENGE

NOTICE: If you (or your team, which consists of three (3) or more of the original competitors) have competed in a national or state competition (including TUFF) **within the past 5 years** and your finish time is 2 minutes or less, you (or your team) **MUST** compete in the Pro category. Additionally, any team or individual may chose and register to compete in this category.

Pro challenge category includes team and individual competition and must follow rules as listed for each.

A first, second and third place award is given for this category, regardless of paid/volunteer status. Pro's will not be broken into paid/volunteer status. All competitors will run as PRO. An axe is not awarded in this category.

WOMEN'S CHALLENGE

Any all female team or individual may compete in the Women's category. In the event that three (3) or more teams/individuals do not register, the registrants will fall under the Volunteer category for any competition and will be timed in accordance with said category.

Women's challenge category includes team and individual competition and must follow rules as listed for each.

A **FIRST PLACE** only award will be given for this category, if 3 or more teams and/or individuals register (must be 3 or more competitors in each classification).

OVER 40 CHALLENGE

Any person over the age of 40 at the time of registration deadline may opt to compete in this individual category. In the event that three (3) or more individuals do not register, the registrants will fall under the Individual classification and will be timed in accordance with said category.

The Over 40 Challenge category is for individual competitors and must follow rules as listed for individuals.

A **FIRST PLACE** only award will be given for this category, if 3 or more individuals register.

FIRE CHIEF CHALLENGE

Any fire chief from a TN fire department may opt to compete in this individual category. In the event that three (3) or more chiefs do not register, the registrants will fall under the Individual classification and will be timed in accordance with said category.

The Fire Chief Challenge category is for individual competitors and must follow rules as listed for individuals.

A **FIRST PLACE** only award will be given for this category, if 3 or more individuals register.

ENTRY FEES

The registration fees are as follows:

TEAM RELAY COMPETITION:

Paid Fire Departments - \$100.00 per team.

Volunteer Fire Departments - \$50.00 per team

INDIVIDUAL COMPETITION:

Paid Fire Departments - \$50.00 per individual

Volunteer Fire Departments - \$25.00 per individual

PRO COMPETITION:

TEAM:

Paid Fire Departments - \$100.00 per team

Volunteer Fire Departments - \$50.00 per team

INDIVIDUAL:

Paid Fire Departments - \$50.00 per individual

Volunteer Fire Departments - \$25.00 per individual

WOMEN'S COMPETITION:

TEAM:

Paid Fire Departments - \$100.00 per team

Volunteer Fire Departments - \$50.00 per team

INDIVIDUAL:

Paid Fire Departments - \$50.00 per individual

Volunteer Fire Departments - \$25.00 per individual

OVER 40 COMPETITION:

INDIVIDUAL:

Paid Fire Departments - \$50.00 per individual

Volunteer Fire Departments - \$25.00 per individual

FIRE CHIEF COMPETITION:

INDIVIDUAL:

Paid Fire Chief - \$100.00 per individual

Volunteer Fire Chief - \$50.00 per individual

NOTICE: A late fee of \$25 per registration will be assessed after the August 22nd deadline. **No exceptions!! Register early to avoid the late fees!!**

REFUNDS

NOTICE: Refund requests will be honored up August 22nd, 2008. Requests for refunds after this date **will not** be honored.

WEBSITE

All Information will be posted on the website www.state.tn.us/commerce/sfm/tfaca
NOTICE: any rule changes, updates and additions will be posted at this site. You will be responsible for checking the site and keeping updated.

WAIVER OF LIABILITY

Prior to participation, each competitor must sign the Waiver of Liability Form. Participants refusing to sign the Waiver of Liability **will not** be allowed to compete in any event. This includes team member substitutions. **NO EXCEPTIONS!**

AWARD CATEGORIES

Axe Awards will be given to the top first place finishers for both volunteer and paid - team and individual categories only (4 axes). Awards will be given to first, second and third place finishers in Team, Individual and Pro. First place only will be given in specialized categories (Women's, Chief's and Over 40) if 3 or more teams/competitors are registered in each category.

TUFF CHALLENGE AND TFACA FACILITY GUIDELINES

GENERAL ~

Registration will begin at **7:30 and run till 10:00 am**. You will be notified in advance of your starting order (not starting time). All competitors are expected to be present and checked in at the TUFF Challenge Registration table one (1) hour prior to competitor start times and no later than 10:00 am. You will be responsible for estimating your starting time. Challenge personnel will not provide an estimated starting time. No exceptions!

Each competitor must personally be present for check in at check in desk.

Delinquent competitors will be charged with a late penalty and **may be** disqualified

Alcoholic beverages and/or non-prescription narcotics are **not permitted** on facility grounds.

All participants and visitors must adhere to all posted traffic signs while on campus. Travel on outside of vehicles (hood, truck, tail-gates, etc.) is **not permitted**.

NOTICE! NOTICE! NOTICE! NOTICE! NOTICE! NOTICE! NOTICE!

Due to safety issues: Only authorized personnel and competitors are allowed in competition area. **NO EXCEPTIONS!** The competition area is marked off with caution tape. Family members and friends must remain in spectator areas. Any

infraction of this rule may result in a disqualification of competitor. (Competitors are strongly urged to inform family members/friends of this rule to ensure that you are not disqualified.) Restrooms, food and vendors are available outside of the competition area. Restrooms inside the competitor area are available for competitors and staff only.

NOTICE: Competitors not running or waiting to run will need to remain in the spectator areas and not behind the roped off areas.

START ORDER ~

NOTICE!! Competitors have the option of picking starting order. Full and completed registration packets will be numbered and dated as received in the TUFF office and the competitors will be notified by phone in order of registration packet, once the registration deadline is past. Random drawing by the TUFF Challenge Committee creates starting order for remaining competitors. Individuals/team captains must provide a day time phone number and e-mail address.

You will be notified in advance of the competitors starting order (not time). Individual competitors or team captains are responsible for ensuring that you/their teams are at assigned areas when called.

The "next-up" competing team or individual **must be** in the staging area in full turnout gear when the preceding participant is at the start line. You will be notified to gather at staging area, and you are responsible for being ready on time. Staff will not take the time to find you; you must be ready to go.

NOTICE: A 10-second penalty may be assessed to any competitor who is not ready or who disrupts the competition.

SUBSTITUTIONS ~

Firefighter competitor substitutions within the team are allowed.

TUFF Challenge Committee must be notified of substitutions by September 15th. (Substitution of t-shirts will not be allowed after TUFF deadline.) Medical/family emergencies: substitutions may be allowed after the September deadline.

SPECTATORS ~

Spectators, friends and family members are welcome and urged to bring seating, blankets or umbrellas.

Parents/Adults must be responsible for children at all times.

Pets are not allowed on TFACA facility grounds.

NOTICE! Spectators, friends and family are not allowed on the course at any time. The competition field is marked off by caution tape. The competition field is for next up competitors and staff only. If you need help with your gear, bring a fellow firefighter volunteer. The competition equipment is for competitors use only! Any infraction to this rule may result in a disqualification. NO EXCEPTIONS!

Many areas of the TFACA facility grounds will be off limits; all individuals are strongly urged to not cross caution tape designating closed off areas.

Vendors and activities for children will be located near competition area.

KIDS CHALLENGE~

Any child between the ages of 4 – 10 may compete in the Kids Challenge. The Kids Challenge will be set up the same as the TUFF Challenge and will run during the same time frame. Parents must be in attendance with child. All Kids Challenge competitors will receive a competitor ribbon.

COMPETITORS ~

Competitors are permitted on the course only when they are physically running the competition course.

Penalties, including disqualification, may be assessed for violation of any rule.

Disrupting the competition could result in a disqualification.

The team captain and the TUFF Challenge Marshal will resolve disputes regarding penalties. We do not review videotapes, etc. All TUFF Challenge Marshal's decisions are final.

You are required to be in the staging area and ready to go when called. The "next-up" competing team or individual **must be** in the staging area in full turnout gear when the preceding participant is at the start line. You will be notified to gather at staging area, and you are responsible for being ready on time. Staff will not take the time to find you; you must be ready to go. Competitors not running or in running order must remain in the spectator areas. If you are not checked in or ready at run time, you will be assessed a penalty. If the Master of Ceremonies (MC) or TUFF Staff call your name more than twice, you may be disqualified.

AWARDS

All competitors will receive a TUFF Challenge t-shirt.

All awards must be claimed prior to the conclusion of the event. Items not claimed on the day of competition **will not** be sent to competitors. If you/your team receives an award, it must be picked up before the end of the competition. Awards not picked up will not be mailed out after the competition. If you must leave before the presentation of awards, you must make prior arrangements to receive your award.

Competition results are updated after each competition and posted on the Challenge Result Board, which will be located at the registration desk.

Sponsors on an event-by-event basis may award other prizes. Prizes provided by sponsors are the responsibility of the sponsor. TUFF Challenge Committee assumes no responsibility for the delivery of these awards.

EQUIPMENT RULES

SCBA. Breathing apparatus is provided by the Tennessee Fire Service and Codes Enforcement Academy and must be worn by all participants. Competitors will not be on air.

TURN-OUT GEAR. Competitors must compete in their own protective equipment. Turnout gear, which includes jacket, pants, boots, gloves and helmets, must be approved for structural fire fighting consistent with NFPA standards.

Face-masks and hoods will not be worn during the TUFF Challenge competition. Helmet face shields are optional.

TUFF Challenge Judges will inspect all gear prior to participation. Your competitor number and fire department name will be called prior to your start time for equipment inspection; all team members must be at appointed inspection area. Competitors not at the inspection staging area may be disqualified or a **10-second** penalty may be assessed. TUFF Challenge Judges decisions are final.

Articles of turnout gear and SCBA must not be removed or lost during the competition. If dropped, they must be retrieved and correctly replaced by the competitor before continuing. Non-retrieval may result in disqualification.

TUFF COMPETITION EVOLUTIONS / INFORMATION

Each event must be performed in the order specified below. **NOTICE:** All evolutions must be completed before continuing to next evolution. You will be called back to complete the evolution by TUFF Staff.

START. Prior to the start signal, each competitor must be on the start pad. Following the start command from the official, an audible signal will start each competitor/team. An early "false" start will result in a restart or a 2-second penalty,

at the sole discretion of the Official. More than two (2) false starts will result in disqualification.

TASK 1: High Rise Stair Climb Evolution.

A high-rise standpipe is at start line. Competitors may adjust high-rise standpipe before start but may not touch pack at start. Competitors will carry a high-rise standpipe pack (2 sections of 1 1/2" hose) up to the fourth floor of the control building. The standpipe pack is to be deposited at the top of the stairs in the designated area. **NOTICE:** The designated area is a metal box located at the top of the stairs. The free hand may be used to assist in the climb by pulling on the handrails. No skipping of steps is allowed on the way down. **NOTICE:** A 2-second penalty is assessed for each skipped stair. The competitor is disqualified if the pack falls from the fourth floor.

TASK 2: Hose Hoist Evolution.

A donut roll of 2 1/2" diameter hose and utility rope are used for this event. The competitor must stand at the rail of the fourth floor while hoisting. The evolution is complete when the roll clears the railing and is placed in the designated area. **NOTICE:** The designated area is a metal box located at the donut area. The donut roll must stay on the fourth floor. **The team is disqualified if at any time loss of control of the donut roll,** including falling off the building, or rolling down the stairs. A fallen donut roll may not be retrieved.

TASK 3: Forcible Entry Evolution.

Employing the Forcible Entry Simulator, and with a 8 pound shot hammer provided, drive the beam five feet by striking the end of the beam. No pushing or pulling is allowed. The end of the beam must be struck squarely and distinctly. Do not hit the handle on the beam. You will be assessed a 2-second penalty if you hit any other area or handle of hammer. This event is completed when the end being driven crosses the five-foot line. The hammer head must be placed in the designated spot. **NOTICE:** The competitor may stand on the Keiser while waiting for the hand-off but must leave Keiser for next hand off.

TASK 4: 1 3/4 Hose Advance Evolution.

Competitors will travel the required distance of 140 feet through the orange cones. A 2-second penalty will be assessed for each cone that is knocked over. Competitors will pick-up the nozzle end of the 150 foot charged 1 3/4" line and advance it 75 feet to the line (box) marked on the pavement where you will open the nozzle and hit the target. **(Both feet must be past line or a 5-second penalty will be added to time. You are not required to stop in box)** **NOTICE:** The nozzle must be fully closed and placed **on the mat** (not dropped)

before advancing to the next event. A dropped nozzle will result in a 2-second penalty.

TASK 5: Victim Rescue Evolution.

Lift and/or drag a 175-pound rescue dummy a distance of 100 feet. The dummy (and participant) must cross completely over the finish line. Webbing or a strap may be used but staff must be notified in advance of start. This event is complete when the dummy and participant both clear the finish line and the horn is sounded.

NOTICE! You may have a member of your team only run beside you in the spectator area or in front of you to cheer you on but may not run on the side of the line judge. This obscures the view of the judge and may add to your finishing time.

EXCHANGES (TEAM RELAY ONLY) ~

NOTICE: Spanner wrench exchanges are required for team relay only – individuals are not required to carry the wrench.

You may only exchange the spanner wrench at the five designated spots on the course. You are not mandated to use all five. Competitors are required to use the event spanner wrench, which will be provided.

Exchanging must be **hand-to-hand** and competitors may elect to put the spanner wrench down after an exchange but must pick up the spanner wrench before advancing to the next event. Competitors may put the spanner wrench in their pocket. Loss of control of the spanner wrench will stop the competitor's forward progress until the member completing the evolution regains possession. Teams that have less than 5 competitors may have a member complete more than one evolution in succession, or alternatively, they may have another member interposed between the events. In any case, the handoffs must be accomplished in accordance with these rules.

Competitors have five (5) options for the exchange of the spanner wrench. The exchanges areas are listed below:

First Exchange: At the fourth floor of the control building. A legal pass takes place when all competitors' feet are on the fourth floor, following the deposit of the high-rise pack in the designated area.

Second Exchange: Between the last step exiting the tower and on the Forcible Entry Simulator.

Third Exchange: Anywhere within ten feet of the Forcible Entry Simulator.

Fourth Exchange: At the start line for the Hose Advance Evolution.

Fifth Exchange: At the start of the Victim Rescue Evolution. The competitor cannot touch dummy until they have the spanner wrench.

Any early exchange, (hoisting hose, touching the hammer, touching the nozzle, lifting the dummy before a handoff) will result in a 2-second penalty. No assistance can be rendered to a member of a team by any other member of the same team; each infraction will result in a 2-second penalty, (i.e., if a member completing a task drops the wrench, they alone must be the one to pick it up). If any object should fall off the control building (i.e. spanner wrench, donut or high-rise pack), the team will be disqualified. **No exceptions!**

Any rule infraction will result in a 2-second penalty

TUFF PRACTICE

TUFF Practices will be provided by Brentwood Fire Department only. For more information or to schedule a practice date, contact David Windrow at 615.371.0170

TUFF CHALLENGE CONTACT INFORMATION~

If additional information is needed, please contact:

Karen Alexander: phone: 931.294.4111 e-mail: karen.d.alexander@state.tn.us

Cheryle Hunt: phone: 931.294.4111 e-mail: cheryle.hunt@state.tn.us

TFACA Web Site: www.state.tn.us/commerce/sfm/tfaca

TFACA Accommodations, contact Kerry Kimmel: phone: 931.294.4305 e-mail kerry.l.kimmel@state.tn.us

VOLUNTEERS NEEDED!!

VOLUNTEERS NEEDED: It takes a lot of hard work from a lot of people to pull off an event of this magnitude! Please help by volunteering or getting your department personnel to volunteer. Contact Kenny McFarland at fire182@comcast.net or 731.693.7774 to register volunteers or for more information.

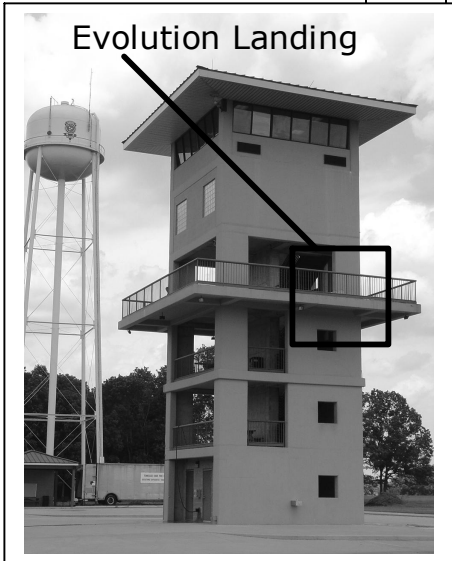
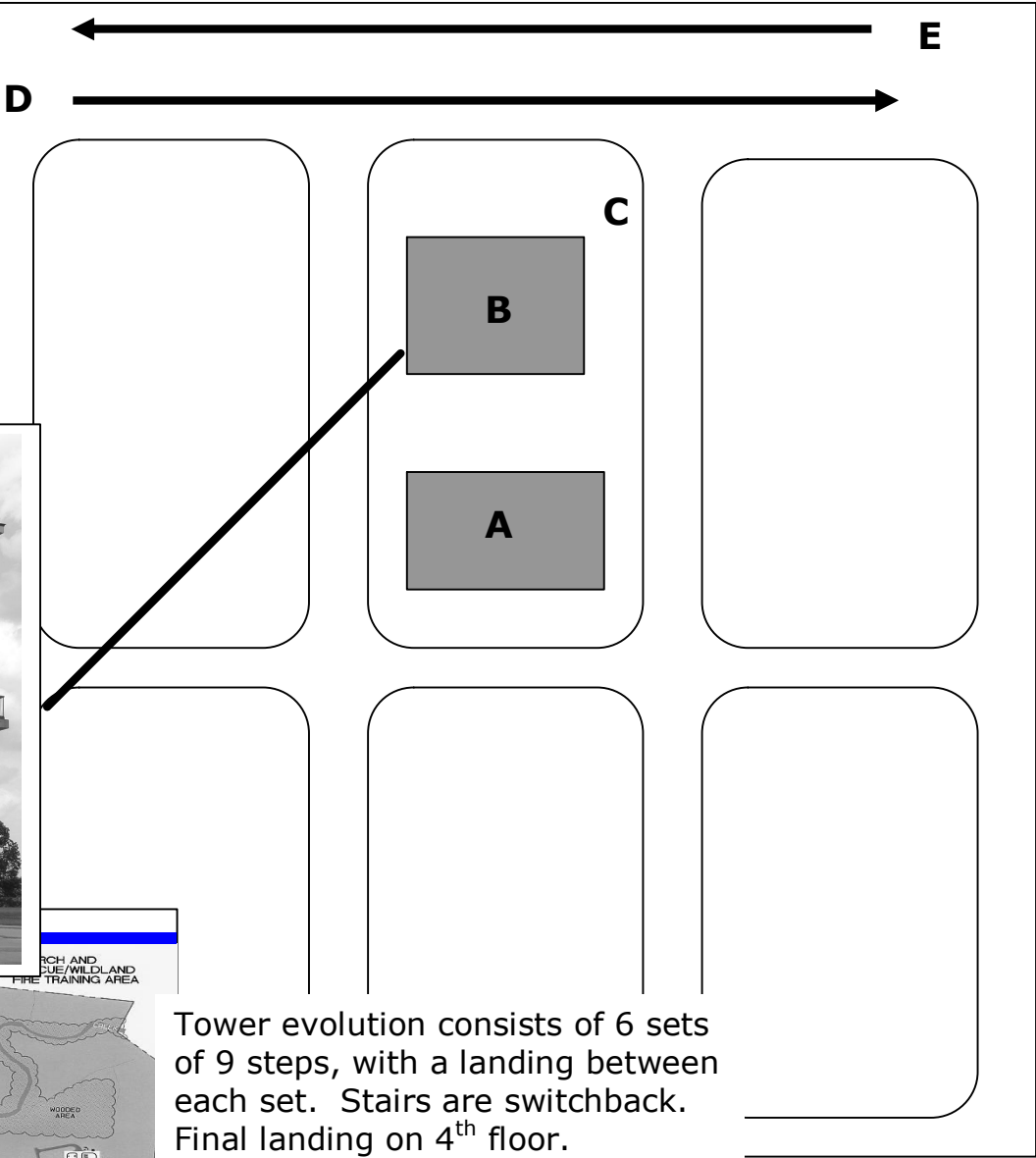
Please encourage your Explorer Post to become involved!

ALL Volunteers will receive a free TUFF Challenge t-shirt and are provided lunch.

NOTICE: Teams are allowed and strongly encouraged to volunteer to help once they have competed.

- A- STAGING AREA
- B- HIGH RISE & HOIST
- C- FORCIBLE ENTRY
- D- HOSE ADVANCE
- E- VICTIM RESCUE
- F- HYDRANT

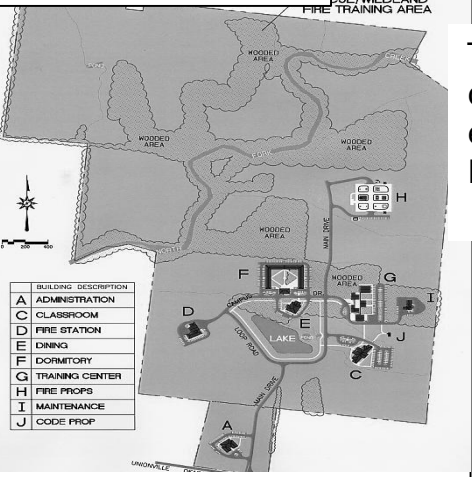
TUFF CHALLENGE COURSE - LAYOUT

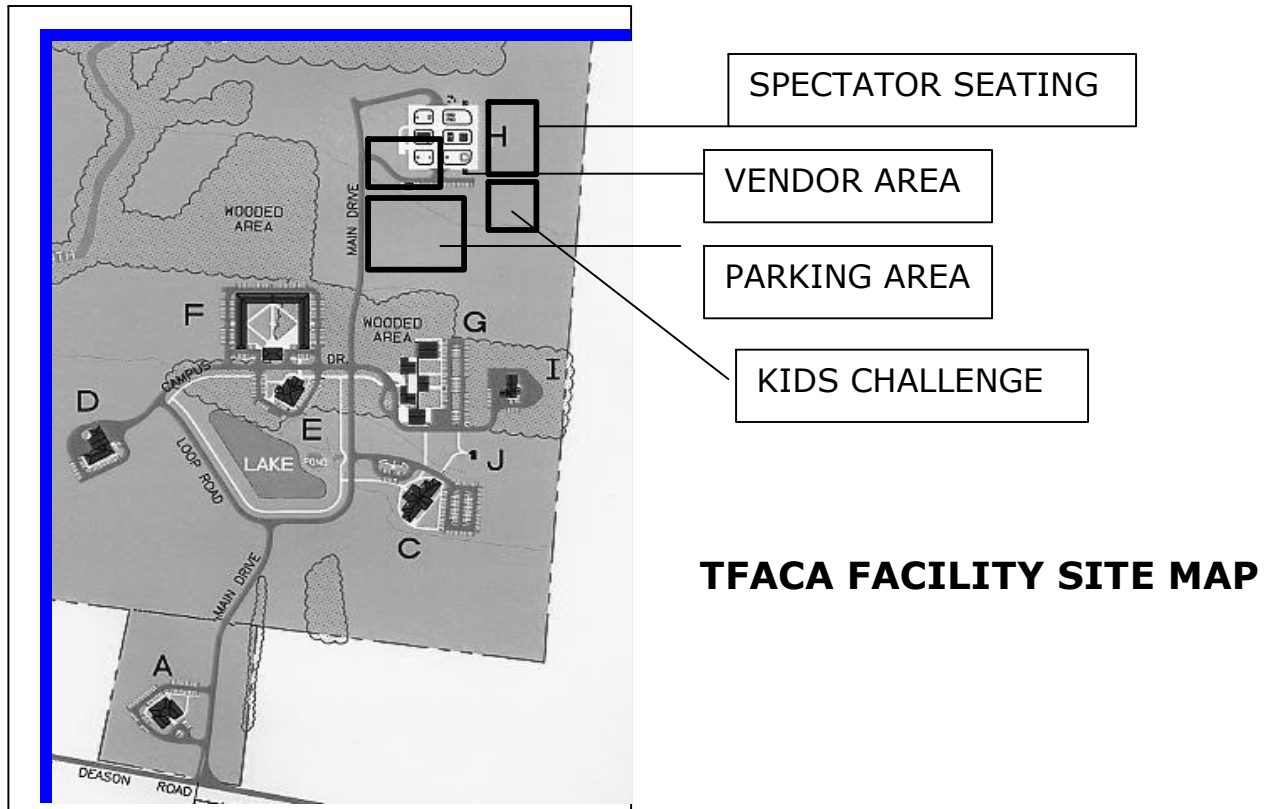


ROCK AND
CLUE/WILDLAND
FIRE TRAINING AREA

Tower evolution consists of 6 sets of 9 steps, with a landing between each set. Stairs are switchback. Final landing on 4th floor.

Area enlarged





VISITOR PARKING:

Visitors will park in designated areas only. These areas include parking in marked areas and sections F, G and E. Additional areas may be designated on competition date. A shuttle car will be available for use if needed.

VENDOR AREA:

Vendors will be allowed to set up booths in the designated area near the TUFF Challenge competition area staging ground. Vendors will be assigned areas according to sponsorship levels.

NOTICE:

All competitors, spectators, friends and family will not be permitted to park behind competition area. You will be required to park in areas marked for parking.

T U F F Challenge Registration

September 27, 2008

(All information must be accurate and complete)

PLEASE PRINT LEGIBLY!

Fire Department Name: _____

Address: _____

City: _____ State: _____ Zip: _____

Fire Dept Phone: () _____ Your Phone: () _____ Alternate: () _____

E-mail address: _____

Please check department category: Paid: _____ Volunteer: _____

Please check category:

TUFF: Team: _____ Individual: _____

Pro: Team: _____ Individual: _____

Women's: Team: _____ Individual: _____

Over 40: Individual: _____

Chief's Challenge: Individual: _____

Entry Fee Enclosed? \$ _____ Check # _____

Team Name: _____

Participants: Choose a team captain; list captain name #1. Team captain will be responsible for all correspondence with TUFF Challenge Committee and Judges. This includes disputes, substitutions, etc. ONE FORM PER CATEGORY! You may copy this form if additional categories are needed IE: One individual competitor per form, one team per form, one category per form. You may submit one check per department. Make TUFF Competition checks payable to TN Fallen Firefighter Memorial and mail to: TUFF, 2161 Unionville-Deason Road, Bell Buckle, TN 37020

1. (team captain) _____ (phone) _____ Shirt Size: _____

2. _____ Shirt Size: _____

3. _____ Shirt Size: _____

4. _____ Shirt Size: _____

5. _____ Shirt Size: _____

I or each member of our team has read and understands all rules and regulations. Each TUFF Challenge participant has signed a Waiver of Liability, which is enclosed. I, (or) as Team Captain, understand all rules, regulations, and guidelines as set forth in the registration packet. I also understand that a late fee of \$25.00 will be assessed to any registration that is not complete and does not include entry fees.

Signed: _____ Date: _____

Dorm Accommodations Needed? _____ YES _____ NO _____Sept 27 _____Sept 28
(Must note names of individuals needing rooms)

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Name: _____ Phone: _____

Pay accommodations fees separate, payable to: **TFACA/Commerce & Insurance**
\$25.00 per night/single occupancy/no meals Dorm fees included: \$ _____

OFFICE USE ONLY

Date Received _____ Payment Received _____

Check / Money Order # _____ In System _____ On Web _____

Date Packet Complete _____

NOTES:

Competitor's Name (Please Print) _____
Last First

WAIVER OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT
**Attendance at or Participation in the Tennessee Ultimate Firefighter TUFF Challenge held at the
Tennessee Fire Service and Code Enforcement Academy**

Waiver: In consideration of my attendance at or participation in training classes taking place on the property and facilities of the Tennessee Fire Service and Codes Enforcement Academy in Bell Buckle, Tennessee (hereinafter "the Facility") during the period of

_____ through _____, I for myself, my heirs, personal
(date) (date)

representatives or assigns, **do hereby release, waive, discharge, and covenant not to sue** the State of Tennessee, its officers and employees **from any and all claims of liability** for personal injury, accident or illness (including death) and property loss arising from my presence at the Facility and/or my attendance at or participation in classes offered by the Facility. Furthermore, I, for myself, my heirs, personal representatives or assigns, **do hereby release, waive discharge and covenant not to sue** the contract instructor(s) at the Facility **from any and all claims of liability** for personal injury, accident or illness (including death) and property loss, **exclusive of those claims arising from the gross negligence of the contract instructor(s)**, arising from my presence at the Facility and/or my attendance at or participation in classes offered by the Facility.

Signature of Student

Date

Assumption of Risks: The use of the Tennessee Fire Service and Codes Enforcement Academy in Bell Buckle, Tennessee (hereinafter "the Facility") carries with it certain inherent risks that cannot be eliminated regardless of the care taken to avoid injuries. The risks vary from one activity to another, but the risks range from 1) minor injuries such as scratches, bruises, sprains, and minor burns 2) major injuries such as joint or back injuries, broken bones, heart attacks, head injuries, severe burns and psychological trauma 3) catastrophic injuries including paralysis and death.

I have read the previous paragraphs and I know, understand and appreciate these and other risks that are inherent in the activities that are made possible by the Facility. I hereby assert that my participation is voluntary and that I knowingly assume all such risks.

Indemnity and Hold Harmless: I also agree to INDEMNIFY AND HOLD HARMLESS the State of Tennessee, its officers and employees from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorney's fees brought as a result of my involvement in the classes offered by the Facility. I further agree to INDEMNIFY AND HOLD HARMLESS the contract instructor(s) from any and all claims, actions, suits, procedures, costs, expenses, damages and liabilities, including attorneys fees, exclusive of those claims arising from the gross negligence of the contract instructor(s) brought as a result of my involvement in the classes offered by the Facility.

Severability: The undersigned further expressly agrees that the foregoing waiver and assumption of risks agreement is intended to be as broad and inclusive as is permitted by the law of the State of Tennessee and that if any portion of it is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

Acknowledgement of Understanding: I have read this waiver of liability, assumption of risk and indemnity agreement, fully understand its terms, and **understand that I am giving up substantial rights, including my right to sue.** I acknowledge that I am signing the agreement freely and voluntarily and **intend by my signature to be a complete and unconditional release of all liability** to the greatest extent allowed by law.

Signature of Student
(Rev.9-05)

Date

IN-1502